

BE A HERO

DLANC & CERT Need Your Help!

Downtown Los Angeles is home to some 40,000 residents and in an emergency you will be the first responders. Anyone can be a hero by learning life saving techniques through a Community Emergency Response Team (CERT) training. The Downtown Los Angeles Neighborhood Council (DLANC) is sponsoring a CERT training session starting in May (exact dates TBD) and we are looking for volunteers.

The training is free and consists of three 8 hour training sessions. If we can get 25 people to commit to the training, CERT will come to and train us here in Downtown. The training will teach you how to manage utilities and put out small fires, treat the three medical killers by opening airways, controlling bleeding, and treating for shock, provide basic medical aid, search for and rescue victims safely, organize yourself and spontaneous volunteers to be effective, and collect disaster intelligence to support first responder efforts.

If you're interested, or if you know someone who is, please take one of the tags below and send us an email. We're looking forward to hearing from you soon!

Working together we can help our friends and neighbors survive a disaster.

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